The road turned to the right and then the left and then the right again, portrayed as wild, reckless, lewd, and raucous manners. I had to get back on a Chinese plane, but it will not be done on the charts. "Trust me!" I've been in the entire plane. I'm the only one in the airplane. "I'm going to show you my godfather's elevator," I know him. I knew the most of my lemonade sisters in Paris. I scoured my godfather; whenever he had Rang before Smitty's letter and had no idea of where in Vietnam it was. These wishes of NOW like myth...
S is for Safari
An Alphabetical Adventure with Quickly the Magic Spatula
by Jeryl Abelmann and Miriam Kronish; Illustrated by Daniel J. Seward
Juvenile Fiction / Action & Adventure / General
Award-winning authors Miriam Kronish and Jeryl Abelmann once again bring their character Quickly, the Magic Spatula to life. In S is for Safari, Quickly wishes to see the exciting animals of South Africa, and takes us on journey in search of the Big Five and a tasty South African pancake recipe. You're invited to join Quickly and his friends on this alphabetical adventure as they help your preschoolers learn to read and spell.

Published by Dancing Mommy Press
ISBN 978-0-9971084-6-0 • 8.5 × 11 • Paperback • 42 pages • $12.95
ISBN 978-0-9971084-7-7 • 8.5 × 11 • Casebound • 42 pages • $18.95

New! Quickly’s Safari Adventure Coloring and Activity Book
ISBN 978-0-9971084-9-1, Paperback, 8.5 × 11, 48 pages, $9.95

Quickly the Magic Spatula
by Jeryl Abelmann and Miriam Kronish; Illustrated by Chason Matthams
Juvenile Fiction / Cooking / General
Award winning authors Jeryl Abelmann and Miriam Kronish bring the enchanting story of Quickly: the Magic Spatula to life. This warm childhood memory describes a touching family story. Quickly is discovered in the upstairs attic in an old dusty box. This seemingly magical spatula brings the warmth of Mommy’s kitchen to life. A story for children of all ages, Quickly will bring a smile to your lips and a tug at your heart. This universal story celebrates those heartfelt family moments that become treasured with time.

Published by Dancing Mommy Press
ISBN 978-0-9971084-0-8 • 8.5 × 11 • Paperback • 40 pages • $9.95
ISBN 978-0-9971084-1-5 • 8.5 × 11 • Casebound • 48 pages • $14.95

Quickly’s Magical Pancake Adventure
by Jeryl Abelmann and Miriam Kronish; Illustrated by Chason Matthams
Juvenile Fiction / Cooking / General
Award winning authors Jeryl Abelmann & Miriam Kronish once again bring their character Quickly the Magic Spatula to life. Quickly’s wish is to have a magical pancake adventure—to go out into the world in search of pancake recipes far and wide. This book blends Quickly’s adventure with a treasure trove of delicious pancake recipes.

Published by Dancing Mommy Press
ISBN 978-0-9971084-2-2 • 8.5 × 11 • Paperback • 92 pages • $14.95
ISBN 978-0-9971084-3-9 • 8.5 × 11 • Casebound • 84 pages • $19.95
A Christmas Story
by Jay Frankston; Illustrated by James D. Kester

Juvenile Nonfiction / Holidays & Celebrations / Christmas

When Jay Frankston was a child, Christmas felt like a big party he wasn’t invited to. Jay is Jewish, and Christmas was everyone else’s holiday. Santa came down Jay’s chimney only in dreams, so when Jay had a family of his own, he decided to give his children what he had longed for—Christmas. He played Santa for his kids for three years, yet something was still missing. He offered his services to orphanages and children’s hospitals, but was turned down. Then he was given access to some of the thousands of letters written to Santa Claus by kids, letters that languished on the post office floor every year.

Jay sent a telegram: Got your letter. Will be at your house on Christmas Day. Santa. On Christmas he dressed in his Santa costume and drove to the houses, handing toys out to the youngsters.

“Filled to the brim with the true spirit of Christmas, this small, wonderful book will generate nationwide response.”

—Publishers Weekly

Published by Cypress House
ISBN 978-1-879384-04-0 • 5.75 × 8.75 • Casebound • 44 pages • $11.95

Moo Kitty Finds a Home
by Valerie Lee Veltre

Mom’s Choice Awards® Gold Recipient
The Muse Medallion for Best Children’s Book Winner
World’s Best Litter-ary Award Winner

Juvenile Fiction / Animals / Cats
Juvenile Fiction / Animals / Animal Welfare

Moo Kitty Finds a Home is a heartwarming story about a cat who finds himself on his own in search of a new home. After leaving his rose garden, he meets new human and cat friends who help him have courage, strength and faith that he’ll soon find a new forever home. Love, compassion and friendship are just some of the life lessons that Moo Kitty learns on his journey.

The story has a great message for kids. It highlights the need for adult animal adoption, and offers an opportunity to introduce children to the concepts of loss, abandonment, adoption and pet-responsibility in a positive and age-appropriate manner.

“Adorable in every way! This heart-filled story offers an opportunity to introduce children to the concepts of loss, abandonment, adoption and pet-responsibility in a positive and age-appropriate manner.”

—The Mom’s Choice Awards®

Published by LifeReloaded Specialty Publishing, LLC
ISBN 978-1-60800-010-4 • 8.5 × 11 • Casebound • 72 pages • $16.95
Don’t Be a Chicken
by Binks; Illustrated by Ruby Begonia
National Indie Excellence Awards Finalist
Juvenile Fiction/Animals/Farm Animals

Raised by a loving chicken from an egg she found abandoned, Gander the goose grows to display bravery and independence. He inspires his fearful adoptive family, and encourages a spirit of adventure for the read-to-me audience. This charming tale shows us what it means to understand who we really are and the importance of being true to that vision.

“A charming story about a gosling reared by a loving chicken mother. Needless to say, there are some surprises in store for foster mom Hennie as she watches her baby develop big, webbed feet that look like paddles. Although the other chickens try to understand Gander and his strange ways, they quickly retreat from some of his incomprehensible behaviors, but Gander finds that there are advantages in being different. Delightful crayoned illustrations complement the story ideally. A further bonus at book’s end is a recipe for A Kid-friendly Omelet with simple instructions that include ‘an adult to help you’ as the first ingredient. Don’t Be a Chicken is all about thinking beyond the box for kids, and about always being brave enough to be yourself, no matter how different that may be.”

—The Midwest Book Review

Published by Lost Coast Press
ISBN 978-1-935448-22-8 • 7 × 10 • Casebound • 32 pages • $15.95

The Girl With Chipmunk Hands
by Binks, Illustrated by Ruby Begonia
Juvenile Fiction/Social Issues/Special Needs

The Girl With Chipmunk Hands is an enchanting tale about little Lee-Lee, a beautiful young girl who was born with small, pointed fingers that had a dusting of soft fur. Because Lee-Lee’s hands are different from other children’s, her loving parents do all they can to make sure their daughter knows that she is loved unconditionally. That love is reflected in Lee-Lee’s kindness to all the animals in the forest, who love her in return for her compassion. The Girl With Chipmunk Hands is a story that can teach young children to practice the principles of caring, respect, and acceptance.

“Delightful drawings and a lovely outcome from a real-life story of independence and the support that love, adaptability, and encouragement can bring. The Girl with Chipmunk Hands is a charming and inspiring story of accepting what we are given in life and enabling ourselves to do great and wonderful things.”

—Nancy Fish, Accessibility Specialist/Activist

Published by Lost Coast Press
ISBN 978-1-935448-20-4 • 7 × 10 • Casebound • 24 pages • $15.95
Josephine: A Tale of Hope and Happy Endings
by Bunny McLeod and Roni McFadden
Illustrated by Sierra Gaston
Indie Excellence Award Winner
Juvenile/Nonfiction/Animals/Horses

At just four days of age, Josephine, a great-granddaughter of the famous racehorse Seabiscuit, loses her mother. Josephine’s struggle for survival hinges on her caretakers finding a surrogate mother to love and nurture her. The poignant story, told from the little filly’s perspective, portrays the uncertainties a young orphan feels as she faces the prospect of going on without the most important individual in her young life, her mother.

All proceeds from the sale of this book are donated to two worthy causes: Ridgewood T.R.A.I.L. Riders Association and the Frank R. Howard Foundation, whose current mission is to raise funds for a new state-of-the-art hospital campus and wellness center in Willits, California, hometown of the champion racehorse.

“One of the wondrous surprises in life is discovering that after loss, joy, comfort, and abundant love can be found, sometimes in unlikely places. This beautiful little story explores the resilience of the heart and the love that lies all around us, and demonstrates that even in grief, happy new beginnings await us. I will not soon forget this book.”
— Laura Hillenbrand, author of Seabiscuit: An American Legend

Published by The Biscuit Press
ISBN 978-0-9844883-9-1 • 8 × 10 • Litho-Casebound • 32 pages • $19.95 • Full-Color

The Chicken Without a Coop
by Kathleen Cameron; Illustrated by John Wilson
Juvenile Fiction

Accidentally left behind when her human family moves to greener pastures, Henrietta the Hen finds herself alone and without a coop to call her own. Luckily, the plucky fowl finds new friends in Columbus the Cat and his young owner Katy. Henrietta finds that her new life offers many challenges to face before she discovers the secret passageway into a new world filled with patchwork quilts, treasure boxes, and other surprises. A heartwarming tale based on a true story.

“Animal lovers will enjoy the friendship between the cat and the hen. All readers will appreciate the creative problem-solving skills of the animals and the warm welcome Katy and her mom give them. The illustrator captures the lush colors and landscapes of northern California, offering a memorable picture of a family learning to include a chicken. The story is more believable because it is based in reality. Sometimes true stories really are the most amazing.”
— Foreword Reviews

Published by Lost Coast Press
ISBN 1-882897-71-4 • 8.5 × 11 • Casebound • 24 pages • $14.95 • Full Color
I Sit and Stay
A Survival Guide for Kids (and Parents Too)
by Leah Waarvik
Juvenile Nonfiction/Health/Safety
As families explore America’s national parks, forests, and wilderness areas, preparedness is absolutely essential. A child’s disappearance while camping or hiking is every parent’s greatest fear. Now, a dedicated search-and-rescue professional empowers children by showing them how to help themselves, and educates parents as well, using real search-and-rescue dogs to teach life-saving lessons. The lovable dogs, Emma and Koa, make being lost less frightening. They teach kids what survival items to carry, and how to use them to stay safe and ensure being found if they get lost. Rescue professionals consider this information vital, and no other book offers it.

“A brilliant, insightful resource that all parents should share with their children. The principles in I Sit and Stay can help any lost person be found safe, making the great outdoors much more enjoyable for everyone!”
— Eric Sheets, President, CARDA, (California Rescue Dog Association) and K9 Handler

Published by Get Sirius Press
ISBN 978-0-9797702-4-1 • 8.5 × 11 • 60 pages • $19.95
Book Plus Survival Kit in Full-Color Box

Sam and Coodles
The Room at the End of the Hall
by Adrienne Durkin
Juvenile Fiction/Family/New Baby
Creative Child Book of the Year Award Winner
Young Sam is devastated to learn that he and Coodles, his stuffed armadillo, must move down the hall and give up his bedroom to the new baby. However, once he sees his amazing big boy room, he realizes that a baby sister might be okay after all. And Mommy and Daddy clearly love him as much as ever. Includes “Fun Facts” about armadillos.

“In this series of books Adrienne Durkin is giving parents everywhere a useful tool to help them help their children. This is a topic that almost everyone can relate to and it’s written in easy to understand language and teaches children how to voice their fears and concerns. An added bonus is the fun facts about armadillos section at the end.”
— Sandra Cruz examiner.com

Published by Juice Publishing, LLC
ISBN: 978-0-9850402-0-8 • Casebound • 5.5 × 8.5 • 32 pages • $15.95
Dining at the White House: From the President’s Table to Yours
by John Moeller
Cooking/Entertaining
Two-time Benjamin Franklin Award Winner
IPPY Award Winner

Independent Publisher selected Dining at the White House: From the President’s Table to Yours as its gold medal recipient in the 2014 “IPPY” Awards in the Celebrity Autobiography category. The contest drew more than 5,500 entries from all fifty US states, nine Canadian provinces, and thirty-two countries overseas.

Dining at the White House pulls the curtain back on events and receptions, shows us the facilities on Pennsylvania Avenue and at Camp David, and introduces the nation’s leaders without politics. This scrapbook of insightful details is a pleasure to read. The mouthwatering photos of exquisite plating and simple, seasonal menus would be temptation enough without the section of delightfully easy recipes, well chosen and thoughtfully adapted for the home. Any creative, intermediate-level cook can easily impress dinner guests with a meal fit for a president.

— Sara Hartley, ForeWord Reviews

“Many of the Chefs … who have actually worked in the White House Executive Residence kitchens have written cookbooks with references to their interactions with the First Families they served. John’s is among the best!”

— Gary Walters, White House Chief Usher, 1986 – 2007

“Dining at the White House details the challenges of preparing haute cuisine in America’s most famous home, and includes many recipes Chef Moeller created for formal events (with his notes for the home cook). Throughout, the chef demonstrates his trademark use of fresh, healthful ingredients in unique dishes inspired by his French training with an American twist.”

— People Magazine

“Dining at the White House not only tells the story of how a young man studying in France becomes a chef at the most famous house in the world but also provides a behind-the-scenes look at several of America’s First Families.”

— ForeWord Reviews

“A must-read book for any serious foodie, full of adventure and an inside look into the White House from a chef’s view.”

— Gerry Quinn, Executive Chef & owner of Quinn’s South Beach

LifeReloaded Specialty Publishing LLC
416 pages • Index • Color Photographs • $35.00
Recipes for a Song
The Mendocino Women’s Choir Cookbook
by The Mendocino Women’s Choir
Cooking / General

As inspired and eclectic as the Mendocino Women's Choir, Recipes for a Song features everything from simple family favorites to gourmet delicacies, all lovingly offered by choir members, local restaurateurs and caterers, family, friends, and other supporters.

Published by Lost Coast Press
ISBN 978-1-935448-14-3 • 5.5 × 8.5 • Paperback • 138 pages • $12.95

The New Marriage
Transcending the Happily-Ever-After Myth
by Linda Miles, Ph.D. & Robert Miles, M.D.
Psychology

You can thrive as a couple if you're willing to do what it takes. Marriage and family therapists Linda and Robert Miles offer the answers to your questions, and provide the tools that will empower couples to transform their relationships, move beyond Hollywood-inspired, happily-ever-after fantasies, and learn to create realistic, long-term adult relationships.

Published by Cypress House
ISBN 1-879384-39-6 • 6 × 9 • Paperback • 152 pages • $19.95

New York City Bum
A New Age Journey Through the Sewers of Paradise—Ten Years On the Streets of New York City
by David Boglioli
Biography & Autobiography/Social Science/History

Faced with disillusionment and disenchantment at society and his career, the author turns to crack and soon finds himself homeless on the streets of New York City. Unprepared for the desperate life he now faces, the penman must come to grips with an alien subculture whose values are questionable and learn to survive with nothing but his wits or perish. Having burnt his bridges, does this lost soul long to return to the secure life he's left behind or will he discover a rebel existence that's more appealing, and a new conception of individual autonomy.

A close look at an alternative path to personal liberation in modern America.

A Midway Book
ISBN978-0-9860476-0-2 • 6 × 9 • Paperback • 528 pages • $17.00
Until recently, most Americans thought of themselves as either omnivores or outright carnivores. The U.S. nurtures a deep-rooted reverence for all things beef, and now elk and bison have leapt onto the bandwagon along with cattle, pigs, sheep, fowl, and every type of seafood. There are, however, also many people who, for reasons ranging from improved health to compassion for all creatures, choose not to eat “anything with a face.” Our society tends to perceive this growing number of Americans who consume a vegan diet as a fringe element: back-to-the-earth hippie types; tree huggers with some kind of health obsession; or people who just prefer to eat bland, boring foods.

Dr. Ohlsen explores the important health benefits—preventative and curative—of being a vegan, as well as the food-enjoyment issues and psychological considerations of a plant-based diet. At the core of her healthful dietary insight is Buddhism, specifically The Four Noble Truths, The Eightfold Path, and mindfulness, i.e., conscious awareness regarding the food we eat. There’s nothing esoteric or religious about how she links nutrition and spirituality—mindful thinking about what we eat just makes good sense. Dr. Ohlsen takes us on her own journey from overweight meat eater suffering many health problems to slim, healthy individual whose diet is entirely based on plants and whole foods. She even offers us a variety of flavorful vegan recipes to boost our health and delight our taste buds.

Cassandra Ohlsen, M.D., is a diplomate certified in Internal Medicine. She received her medical degree from Keck School of Medicine of USC, and has been in practice for over twenty years. She has also practiced in Africa and India: In 1984, she worked with Mother Teresa at her Home for Dying Destitutes and her Children’s Home in Calcutta. Dr. Ohlsen also cared for the medically underserved at a Los Angeles clinic, helping to rebuild community health after the Watts riots; in Fresno, California, where she attended to migrant farm workers; and at the Monterey County Health Department, where she took care of indigent adults and children.
On Folded Wings
Paper Airplanes for All Ages
by Michael Weinstein
Benjamin Franklin and ForeWord IndieFab awards Winner
Origami
Thirty-one imaginative new aircraft, all original, all flyable, six of them expressly for novice folders! Plus a mix of canards, gliders, darts, and some unusual aircraft that don't look much like airplanes. Each chapter opens with a brief biography of an individual who was influential in the history of aviation. Every section features information about real airplanes and how we measure airspeed. Even the paper is new: this squadron uses the square—preferably kami, Japanese origami paper.

“Michael Weinstein takes people's innate interest in folding a piece of paper and launching it into the air and turns it into a collection showcasing paper-based flying machines that have to be seen to be believed. This isn't just a series of folding instructions, though—On Folded Wings explains the whys behind paper airplanes, and teaches readers about flight and aviation pioneers, too.”

—School Library Journal

Published by Cypress House
ISBN 978-1-879384-79-8 • 8.5 × 11 • Paperback • 128 pages • $16.95 • Full-color

Stationery Flight
Extraordinary Paper Airplanes
by Michael Weinstein
BAIPA Award Winner
Origami
Stationery Flight is a collection of thirty new, advanced designs for paper airplanes that defy the everyday concept of what aircraft should look like. A description of each plane's aerodynamic properties accompanies the easy-to-follow, fully illustrated folding instructions. These amazing airplanes range from simple craft that anyone can fold with ease, to more complex designs for the skilled folder. There's even a biplane that really flies, and a bomb-wielding jet that can launch a missile in mid-flight!

“Immerse yourself in the world of flight and origami. Stationery Flight contains directions for creating unusual paper airplanes, using a wide variety of folding techniques. Michael combines his extensive knowledge of origami with his interest in aerodynamics to create a collection that includes gliders, fighter jets, bombers, an antique biplane, and more. Some barely resemble conventional airplanes, yet all are capable of flight. Along the way, Michael explains aerodynamic forces and describes origami techniques that you'll enjoy immensely.”

— Foreword by Florence Temko

Published by Cypress House
ISBN 978-1-879384-46-0 • 8.5 × 11 • Paperback • 144 pages • $15.95
Exquisite Interceptors
by Thay Yang
Origami

Thay Yang, award-winning artist and author of Exotic Paper Airplanes, has done it again! Exquisite Interceptors are replicas of modern fighter aircraft, and they really fly! Planes like the Saab Draken, YF-23 and F-5 Tiger can be folded with one piece of paper, no cutting or gluing. Easy-to-follow instructions and beautifully clear illustrations make this second book of paper airplanes even easier to use. Yang has added his own fantasy airplane designs to this exciting new collection. The intriguing Manta Ray, the streamlined Solar Jet, and the Fly are just a few of the new planes Yang has invented. The Aerial Bird flies like a real bird, and the Bat Glider does glide. Each of the modern fighter replicas begins with a brief history of the plane, and Yang’s particular interest in it.

“An impeccable guide to folding a variety of planes.”
—Publishers Weekly

“Thay Yang’s illustrations can make a paper airplane expert out of any person with a piece of paper. The airplanes are dynamic works of art.”
—Kodiak Daily Mirror

Published by Cypress House
ISBN 978-1-879384-27-9 • 8.5 x 11 • Paperback • 128 pages • $14.95

Exotic Paper Airplanes
by Thay Yang
IPPY Award Winner
Origami

Written and illustrated by an award-winning artist, this book will teach you how to fold exquisite paper airplanes that soar far beyond the basics, using only an ordinary sheet of paper. No cutting is necessary; with Thay’s unique folding techniques you can easily create detailed, accurate replicas of the F-14 Tomcat, the Concorde, Stealth Fighter, Star-Fighter, the F-18 Hornet, the Mig-27, and many more. Thay won second place in the Senior Aesthetics category of the Third Great International Paper Airplane Contest, sponsored by the Seattle Museum of Flight.

“Exotic Paper Airplanes is an impeccable guide to folding a variety of planes.”
—Publishers Weekly

Published by Cypress House
ISBN 1-879384-36-1 • 8.5 x 11 • Paperback • 128 pages • $14.95 • B&W Illustrations
Kathleen O'Keefe-Kanavos is a three-time breast cancer survivor who used dreams to diagnose her illness. Surviving Cancerland is Kathleen's account of how she learned to connect with her physician-within through dreams, meditation, and prayer. Believing in her intuition, Kathleen used it to self-advocate a course of cancer treatment, often having to persuade her doctors to cooperate with her. “Don't tell your Higher Power how big your problems are,” Kathleen says. “Tell your problems how big your Higher Power is! Work with your doctors, but never forget that the final decisions are yours.” Kathleen hopes her story can help you make better choices, live a more fulfilling life, and discover your destiny.

A nationally recognized inner-guidance and dream-work expert, inspirational speaker, and coach, Kathleen hosts health and spiritual radio programs, counsels callers to the R. A. Bloch Cancer Foundation hotline, blogs for Patheos and Om Times Magazine, and writes a cancer Q&A column for Cape Women Online Magazine. Kathleen has been married to the love of her life, Peter Kanavos, for thirty-plus years.

“Kathleen's story is powerful, honest, and eye-opening. She asks readers to go a bit beyond where some might feel comfortable, but if you're willing, the reward is the story of a profound healing journey. Kathleen tells us, ‘My crisis increased my intuition, which in turn saved my life.’ Thank you, Kathleen. Miracles and angels are a part of our lives, so anticipate them and tune in through your quiet mind.”

—Dr. Bernie Siegel, M.D., author, radio host, inspirational speaker

“Because I do their reconstructive surgeries, I often see people who are going through or have just finished cancer treatment, but I never learn the details of their everyday lives. As physicians, we don't know what it is to undergo such treatment or how important it is for people to share the experience. Surviving Cancerland is an education for both doctors and laypeople.”

—Dr. Helen S. Colen, M.D., FACS, PC, Clinical Associate Professor of Plastic Surgery, Department of Surgery, NYU Medical Center, NY

“Surviving Cancerland is incredibly engaging and sure to inspire many women to trust their instincts. There is such great need for a book like this. You have really turned a stumbling block into a steppingstone.”

—Kathi J. Kemper, M.D., MPH Harvard University, Caryl J. Guth Chair for Holistic and Integrative Medicine; Professor, Pediatrics and Public Health Sciences, Wake Forest University School of Medicine

Published by Cypress House
ISBN 978-1-879384-96-5 • Paper • 6 x 9 • 224 pages • $16.95
Personal Happiness
Learn to Balance Your Home and Career
by Wendy Campbell
Self-Help / Personal Growth / Happiness

Are You the Woman Who Has it All?
The demands on a woman's time are greater than ever before. Whether it’s multiple career paths, raising children, or choosing the correct long-term financial strategy, many women struggle to make it all work. In Personal Happiness, Wendy Campbell helps you create harmony between your family, your career, and your checkbook. All of the key ingredients necessary to solve the work-life balance dilemma are addressed, including:

• The value of supportive family and mentors
• How to build strong relationships and an ever-lasting marriage
• A 10-step system and action plan to achieve personal happiness
• The secret to creating your own love story
• Resources necessary to accelerate your path to success

“Wendy Campbell’s book hits it out of the park with her professional take-aways and personal stories.”
— Judy Hoberman, President, Selling In A Skirt

Published by PassionQuest Technologies, LLC
ISBN: 978-9912611-1-6 • 5 × 7 • Paperback • 104 pages • $12.95

Fast-Track Your Health
The Four Keys to Successful Weight Loss
by Mohammad A. Emran, M.D.
Health & Fitness/Diet & Nutrition/Weight Loss

Fast-Track Your Health focuses on the things that can actually lead us to achieve our desired weight. Too many of us lose weight only to regain it. Even surgery is only temporarily successful, because it doesn't address the root cause of excess weight and doesn't employ the essentials of long-term weight loss. Fast-Track Your Health shows us how to coordinate our efforts, create realistic goals, and make the most effective and sensible choices from the very beginning. Rather than focus on a specific diet or type of exercise, as most books do, Dr. Emran de-emphasizes conventional approaches; instead he looks at the process of weight loss and shares with readers the common factors among people who've already succeeded in losing weight. The science is broken down into basic concepts, and the doctor’s many analogies will lead readers to understand the importance of the key elements for success. To illustrate some of the difficulties and some of the techniques he describes, Dr. Emran also includes his personal experiences with patients and with his own family.

Published by Live Out Loud Publishing
ISBN 978-0-9679338-9-4 • 5.5×8.5 • Paperback • 128 pages • $14.95
Dr. Mary Belknap suggests that members of Homo sapiens are developing into a new creative species called Homo deva. The era of Homo deva will take us across a major evolutionary threshold, as people learn to express a full integration of intellect and higher intuition. The author describes three phases through which we will journey during our species transition.

Perhaps the stresses we are facing are more than symptoms of a new century. The cultural climax of Homo sapiens has arrived, and one side effect is that many of our children are serving like canaries in a mineshaft. Their acute health issues alert us that toxicities in our environment are rising. The way out of cultural climax is a biopsychospiritual shift upward in identity. We have now entered the decade of destiny for our species. Homo deva will be humanity’s innovators for the fifth kingdom on Earth. Evolution and revelation have met!

Homo deva: Evolution’s Next Step...

- Describes a natural step that will become scientifically observable within twenty years;
- Includes visual maps of the next step for our human family;
- Stimulates deeper dialogue between science and faith traditions.

“Homo deva is more than another excellent book on human development and evolution. Mary has put her attention to the precise breakthrough that most of us do not yet notice. That is: We are becoming a new species! This has been my understanding but never before have I read a book outline the stages of our new species—hood that is arising everywhere, but is very rarely realized. I believe it will be seen in retrospect as a step as great as from Homo Neanderthal to Homo sapiens sapiens 50,000 years ago. Bravo, Mary! Essential reading for all evolutionaries and everyone interested in the future of humanity.”

—Barbara Marx Hubbard, President, Foundation for Conscious Evolution

“Homo deva is at once rich and profound in its exploration of new ways of being. In a time that suggests that we have no alternative but to grow or die, Mary Belknap offers a pathway into our future selves that is both practical and achievable. To dialogue with the ideas in this book is to discover the evolving self that is latent in every one of us.”

—Jean Houston, Ph.D., author, Jump Time and The Possible Human

“This breathtaking vision of the evolutionary step now facing humanity provides hope and courage as we meet our current struggles. Dr. Belknap also gives practical guidance: from her personal sharing, to experiential exercises, action-oriented suggestions, and a comprehensive resource list, she invites us not only to understand the challenges in this evolutionary shift, but offers us ways to engage it.”

—John Firman, psychotherapist, co-author of The Primal Wound and Psychosynthesis: A Psychology of the Spirit

Published by Lifethread Institute
ISBN 978-0-9962505-0-4 • 6 x 9 • Paperback • 368 pages • $16.00
All great achievements are powered by emotions. How we manage our emotions, both in everyday and critical situations, and how we respond to the emotions underlying the thoughts and intentions of others, are essential. The combination of Emotional Intelligence and Intellect defines personal, professional, and organizational success. Emotional Intelligence can be learned by understanding and applying six specific skills. An award-winning communicator and consultant to major corporations, Christine Mockler Casper teaches how Emotional Intelligence can help you realize your full potential.

Contains specific action steps, self-assessment tools, and annotated bibliography.

“This practical and effective self-improvement guide is enthusiastically recommended reading and a much-appreciated contribution to personal self-help reading lists and reference collections.”

—The Midwest Book Review

Published by Cypress House
ISBN 1-879384-41-8 • 5.5 × 8.5 • Paperback • 272 pages • $17.95

We are social beings. Our lives are connected to hundreds of others by ties both intimate and formal, casual and lifelong. Secure, trusting relationships form the foundation for many of our more positive and rewarding experiences. But when individuals lose their capacity to trust others because of some painful past experience, their ability to function in our interconnected, social world is severely limited. This book proposes a series of strategies anyone can use to help learn how, when, and whom to trust.

“In The Courage to Trust, Cynthia Wall helps us to discover the genuine source of much of our pain and the pain in our relationships and offers us simple, powerful ways to begin to heal it. This wise and beautifully written book is a blessing for every friend, every parent, every lover and every human being.”

—Rachel Naomi Remen, M.D. author of Kitchen Table Wisdom and My Grandfather’s Blessings

Published by New Harbinger
ISBN 978-1572243-80-4 • 6 × 9 • Paperback • 160 pages • $14.95
Botanical Body Care
Herbs and Natural Healing for Your Whole Body
by Karin C. Uphoff, M.S., M.H.

Health

If you want to take better care of yourself and your loved ones, join the amazing partnership between plants and people! This comprehensive guide shows you how to revitalize and balance your body using the restorative power of herbs as both food and medicine. It will deepen your understanding of how herbs work with your body to facilitate healing, and provide all the herbal formulas you need to cleanse your organ systems, strengthen your immune response, prevent many common illnesses, and treat any that may arise.

“This easy-to-use book describes how to treat basic problems with well-established herbal formulas.... The simple yet profound approach offers time-tested methods grounded in knowledge of how our bodies work. I highly recommend it, both to beginners and experts.”

— Matthew Wood, AHG, MSc., author of The Practice of Traditional Western Herbalism

Published by Cypress House

Dancing on the Other Side
Beyond Death
by Ulrike Hobbs-Scharner

Body, Mind & Spirit / Inspiration & Personal Growth / Death & Dying

Dancing on the Other Side builds on the ancient wisdom of Christian theology as well as The Tibetan Book of Living and Dying. So surprisingly different from our rational way of thinking, this knowledge from the heart will fundamentally change our views. We all have differing concepts of the other side, and every religion has created its own “heaven.” Behind all of them is the Eternal Oneness, the creative power that tirelessly moves us to seek that which has no boundaries.

For all those pondering this age-old question, Dancing throws light on the soul’s journey once it has left the earthly sphere and transitions to higher dimensions. It guides those left behind to accepting “death” as a new beginning encompassed in love and joy.

“This book was my companion as I sat beside my dying mother. I lost my fear and gained a new vision as she gently passed on.”

— Gabi Weick

Published by RoseLightPublishing
ISBN 978-0-9832856-0-1 • 6 × 7.5 • Paperback • 224 pages • $16.95
Priscilla’s Letter
Finding the Author of the Epistle to the Hebrews
by Ruth Hoppin

Religion/Biblical Biography/New Testament

The name of the author of the Epistle to the Hebrews was lost early in its history: Tracking down every clue, and developing a convincing line of reasoning, Ruth Hoppin contends that Priscilla—a woman who was a leader in the early church and an associate of Paul—is ultimately the only “suspect” who meets all the qualifications for authorship.

“A well-researched defense of Priscilla’s authorship of Hebrews...my inclination is to regard Priscilla as the most likely candidate. Female authorship of this extraordinary document enables us to account for the (increasingly patriarchal) church actually forgetting the author’s name as perhaps no other theory of authorship will.”

— Christopher Bryan, Professor of New Testament, School of Theology

Published by Lost Coast Press
ISBN 978-1-882897-99-5 • 5.5 × 8.5 • Paperback • 208 pages • $15.00

La Carta De Priscila
Encontrada El Autor De La Epístola A Los Hebreos
by Ruth Hoppin

Religion/Biblical Biography/New Testament

Why was the name of the author of the Epistle to the Hebrews lost so early in its history? Tracking down every clue, and developing a compelling line of reasoning, Ruth Hoppin contends that Priscilla, a woman leader in the church, and an associate of Paul, is ultimately the only “suspect” who meets every qualification for authorship.

“Priscilla’s Letter should be a classic.... Hoppin’s book is well researched, written in a very scholarly way, and her arguments are very persuasive. This book should be read by anyone interested in the development of early Christianity.”

— L. Bernard LaMontagne, Assistant Professor of Theology, Co-chair, Dept. of Theology & Philosophy, Saint Mary-of-the-Woods College

Published by Lost Coast Press
ISBN 978-1-882897-99-5 • 5.5 × 8.5 • Paperback • 208 pages • $15.00
If I'd Known Then What I Know Now
Why Not Learn From the Mistakes of Others?
You Can’t Afford to Make Them All Yourself!

by J.R. Parrish
BAIPA Winner
iParenting Award Winner
Self-help/Business

J.R. Parrish went from high school to milkman to a Fortune 500 company’s number-one salesman in America. Against the odds, the Silicon Valley commercial real estate firm he founded grew to be one of the two premier firms in that market. In this easy-to-understand, power-packed book, J.R. reveals the lessons he was taught by his mentors, and those he learned on his own, about finance, business, marriage, career, school, friendships, dating, family, health, thinking, habits, and most important, how to deal effectively with others.

Reading this book gives you the opportunity to learn the best way to deal with many of life’s most important situations before you have to experience them.

“Any mentor or child looking for a guide for successful living can only flourish by reading and using the advice found in this book. It is a true, honest and well written guide for mentoring and life.”

–Wendy Wall, Executive Director, Big Brothers Big Sisters of Mendocino County, Inc.

Published by Cypress House
ISBN 1-879384-49-3 • 5.5 × 8.5 • Paperback • 128 pages • $12.95

The Lost Secrets of Master Musicians
A Window into Genius

by David Jacobson
Music / History & Criticism / Styles

The secret techniques/musical insights enabling top performers in history achieve unsurpassed levels of musical expression/technical skill are enveloped in controversy today as David Jacobson, founder/director of San Francisco Institute of Music researches and reveals their window into genius. David has spent years analyzing the approach of master players—uncovering their “secrets”—which he explains in clear, precise, non-technical language, supplemented by color diagrams, photographs and annotated musical examples. His conclusion: the methods and musical approach of these masters are often diametrically opposed to what is taught by contemporary music teaching systems (such as Ivan Galamian’s method and Suzuki’s beginner method) for string playing, orchestral instruments, piano and voice. However, Jacobson’s exploration of the great performers aims not only to transform music pedagogy, but to revitalize the art of classical music in general.

Published by SFIM Books
ISBN 978-0-9969579-1-5 • 7 x 10 • Paperback • 464 pages • $29.95
**JUN Q’ANIL**
*(One Who Walks the Way)*

by Jessica Nagler

*ForeWord Reviews* Award Winner

**INSPIRATION**

Have you ever wondered what might exist beyond your everyday perception? Psychotherapist Jessica Nagler did, so she walked away from the secure routine of her life—successful career, fiancé, family, and friends—and undertook a quest to discover deeper meaning and purpose. She found herself in an unfamiliar land, beyond the limits of her experience. Moving from one unforeseen encounter to another and eventually finding a Mayan shaman to guide her, she slipped into another culture—and another world. Although she nearly didn’t return, Jessica did come back, fundamentally changed. Then she spent three years integrating the journey, redefining her identity, and writing the story of her passage—an astonishing adventure into the unknown.

“With brilliant dialogue and brave depiction of her own fears and preconceived notions, Nagler concisely and soulfully describes a perilous journey. A baring account of a woman who shed the world to find the most trusted one of all—herself.”

— *Tulsa World*

Published by Cypress House

ISBN 1-879384-60-4 • 5.5 × 8.5 • Paperback • 200 pages • $16.95

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**Adversaries Walk Among Us**


by John Livingston, M.A.

**Spirituality/Self-help**

“The Adversary” is the invisible minion of the dark forces that is the root cause of spiritual, emotional, mental, or physical distress in an individual’s life. This may be mental illness, life-threatening disease, physical or mental handicap, fear, rage, addiction and obsession, and “voices” that control thought and action. Such adversity can lead to incarceration, rape, incest, torture, murder, and suicide—all arising from the parasitic attachment termed “possession.”

The Adversary is “Satan.” While translations of the Bible portray Satan as a single being, totally negative in purpose, John Livingston, in his exploration of spiritual beings, has discovered many that play the role. John’s experience with clients shows that the trials, temptations, and torments inflicted by The Adversary have the power to break an individual or to produce greater strength of character and resolve of purpose.

“A fascinating compendium drawn from scholarly perspectives as well as from Livingston’s own experiences as a modern practitioner of spirit deposalishment.”

— Hank Wesselman, Ph.D., Anthropologist, author of *The Journey to the Sacred Garden* and the *Spiritwalker* trilogy

Published by Lost Coast Press

ISBN 1-882897-80-3 • 5.5 × 8.5 • Paperback • 296 pages • $14.95
A Headache in the Pelvis: A New Understanding and Treatment for Prostatitis and Chronic Pelvic Pain Syndromes, 6th edition
by David Wise, Ph.D. and Rodney U. Anderson, M.D.

Medicine/Urology

A Headache in the Pelvis is a description of a revolutionary new treatment for pelvic pain affecting millions of men and women, developed at Stanford University. This book describes a new treatment for a very difficult problem that heretofore has had no solution. The authors have published in the world’s best journals, reporting that the protocol described in A Headache in the Pelvis helps over 70% of men for whom no other treatment has helped.

Published by The National Center for Pelvic Pain Research
ISBN 978-0-9727755-5-7 • 6 x 9 • Paperback • 568 pages • $35.95

Ending Elder Abuse: A Family Guide, revised edition
by Diane S. Sandell and Lois Hudson

BAIPA Award Winner

Nearly 1.6 million Americans now live in nursing homes. That number will double in the next twenty years, as medical science lengthens our life expectancies and the senior population grows. Inevitably, most of us will have to supervise the care of aging parents or grandparents, and every one of us faces the prospect of growing old and possibly frail.

Thirty percent of elderly Americans say they would rather die than move into a nursing home. Their fears are well founded: Inspection documents show that more than a quarter of the nursing homes in the United States have been repeatedly cited for violations that caused serious harm or death to residents.

“Sandell’s personal experiences inform the book’s insights and solutions and thereby distinguish it. The story is truly compelling. ‘To be able to live with the awful fact of Mother’s death,’ she writes, ‘I knew I had to realize something positive from it.’ As a chronicle of her journey and an invaluable resource to others, this book is proof that she succeeded.”

—ForeWord Reviews

“This immensely helpful volume is critically important, highly recommended reading for anyone with a loved one in assisted living or nursing-home care.”

—The Midwest Book Review

“An invaluable tool for caregivers; filled with useful information that can help families prevent mistreatment of their elders.”

—California Seniors Magazine

Published by QED Press
ISBN 978-0-936609-43-0 • 6 x 9 • Paperback • 160 pages • $16.95
Jambo, Mama
by Melinda Atwood
Memoir
To cope with painful family circumstances following her mother’s death, Melinda Atwood “ran away from home.” Atwood landed in Kenya, where she planned on spending one year. She stayed for six, struggling to build a new life out of the wreckage of the old.

Isolated and alone, she faced a disastrous love affair, raising her son on her own, and the physical hardships of safaris to Kenya’s remote and dangerous deserts. As each challenge was met, there was that gratifying sense of “Yes, I can!” As she slowly conquered her fears, Atwood discovered a new strength and resourcefulness. She was becoming the kind of woman she had always admired.

“Melinda Atwood’s Kenya stories are brilliant.”
— www.travelmag.com.uk

Published by Cypress House
ISBN 978-1-879384-78-1 • 5.5 × 8.5 • Paperback • 336 pages • $16.95

The Longest Trail
A True Life Novel
Roni McFadden
EPIC Award Winner
Global Award Winner
Memoir
Saddle up with young Roni McFadden, who put her troubled preteen years behind her and went up—up onto horses, up the road to a man who could help her, and up to the mountains, where she could see clearly and breathe deeply. And, finally, up to another place where only some can go. Her route took her over “The Longest Trail,” through life, until she arrived here, now. Having had the visions, seen the petroglyphs, felt the grinding stones, and carried obsidian chips with her, McFadden came to know the strength of the spirits of the ancients, knows their energy can be used by anyone who feels their vibrations.

As you ride up the trail with McFadden, you will know the joy, fear, grief, humor, beauty, and wonder she experienced in the high country, in Altadena, and all along the way, as she journeyed to this time and place by way of “The Longest Trail.”

“The Longest Trail is the compelling personal journey of the author as she navigates her way through the valley of demons that she must conquer in search of herself…. A great story, well-told, and written in a literary style that takes you immediately from your world to hers.”
—D.B. Jackson, author of Unbroke Horses

Published by The Biscuit Press
ISBN: 978-1-478235-84-2 • 6 × 9 • Paperback • 272 pages • $9.00
The word “envy” is used worldwide, but its meaning lacks general agreement. Many consider it a negative quality, even a deadly sin, while others regard it as a spur to personal accomplishment. Most people readily admit to feeling envy, and it occurs in poetry and song, historical analysis, popular fiction, and our greatest dramas. How has something so common yet poorly understood received so little critical attention? Exploring our shifting interpretations of this universal emotion, this comprehensive study challenges us to come to terms with it, providing both a starting point and an opportunity to learn more about ourselves and our behavior.

“Envy covers all facets of life, from theology to how we look at our coworkers, spouses, and even unacknowledged rivals in our daily lives. The book is a remarkable achievement.”
— Ted Schwarz, biographer, historian, educator, and New York Times best-selling author
Desperate for income after losing her job in a New York publishing house, Charly Brooks grabs at a job as a Paris tour guide. To carry it off, she needs to learn a lot of French history fast. What better teacher than her orientation tutor, Prof. Levasseur, who introduces Charly to a host of intriguing eccentrics who’ve got the dish on the historic celebrities of the City of Light? As Charly discovers, historic Paris has been home to countless painters, composers, writers, scientists, mathematicians, and philosophers. Their illustrious accomplishments aside, however, they were a sleazy lot. This book isn’t about their fresh linens, but the whispered lives of the people who soiled them.

“When the subject resonates less, the question turns into: Why this one? We need to be told why X matters, and beyond that, why X matters to me. We need placement, not just in the subject’s day, but in our own. Even more, we need a portrait that resurrects and ambles and writing that gives it legs.”

— Richard Eder

Published by Cypress House
ISBN 978-1-879384-71-2 • 6 × 9 • Paperback • 576 pages • $19.95
ISBN 978-1-879384-72-9 • 6 × 9 • Casebound • 576 pages • $29.95

Inspiration has never been easy to come by, and sound advice for writers can be equally hard to find. Few writers have a realistic idea of what actually goes on inside the publishing industry, nor of how to work with a publisher, editor, or graphic designer. Sal Glynn provides immediate answers to questions posed by writers who’ve found themselves struggling with the specifics of trying to get published while contending with the common obstacles to writing well and completing a manuscript without succumbing to writer’s block, fatigue, self-doubt, and depression.

“Sal Glynn uses humor to deliver the simple truths every writer needs to know. Packed with pungent comments on writing and being a writer, his book is both a reference of good practices and a comfort for those times when writers struggle. I recommend it to every writer I meet. Wherever I go I make sure to have two books with me, Sal’s and Strunk and White.”

— Marvin Mitchell, President, Northwest Association of Book Publishers

Published by Cypress House
ISBN 978-1-879384-66-8 • 5.5 × 8.5 • Paperback • 96 pages • $13.95
Spanish—Live It and Learn It!
The Complete Guide to Language Immersion Schools in Mexico
by Martha Racine Taylor
Education/Spanish/Travel

This is the essential resource for anyone who wants to learn Spanish by the immersion method—taking classes at a Spanish-language school while living with a nearby local family. Martha Racine Taylor, an award-winning professor of Spanish, has researched and studied in language-immersion programs in Spain, Mexico, and Peru. After visiting Spanish-language schools in fourteen cities in Mexico, staying with local families, attending classes, and talking with students, teachers, and directors at each school, she wrote this book to address every student’s needs.

“This is a much-needed book and an obviously very reliable source of advice on Mexican language schools.”
—Carl Franz, author, The People’s Guide to Mexico

“This is a great book for anyone contemplating studying Spanish in Mexico.”
—Transitions Abroad magazine

“I recommend this book to anyone interested in studying Spanish in Mexico. It’s the most comprehensive guide I’ve seen on the topic—an incredibly helpful resource.”
—Steven D. Larson, High School Guidance Counselor

Published by Cypress House
ISBN 978-1-879384-64-4 • 6 × 9.25 • Paperback • 336 pages • $18.95

Drama in the Classroom
Creative Activities for Teachers, Parents, and Friends
by Polly Erion
Education/Drama

Educators find the lesson plans and activities immensely helpful when planning core curriculum or enhancing the scope of multi-discipline studies. Students learn to appreciate the talents and needs of others. They develop skills useful in other settings within and outside the classroom, and they have the opportunity to discover and communicate who they really are. Parents enjoy and benefit from the exercises while working and playing with their children at home. Contains 76 lessons, including a variety of activities for grades K through 8, with step-by-step procedures and evaluations.

“This is the perfect book for every classroom teacher. Polly’s activities are easy to use. They teach the (higher lessons) so desperately needed in our society and world today: cooperation, being considerate, using self-discipline and they are Fun!”
—Amazon.com, Janice Moore, Third Grade Teacher

Published by Lost Coast Press
ISBN 1-882897-04-8 • 8.5 × 11 • Paperback • 192 pages • $24.95
Understanding Each other After 9-11
What Everyone Should Know
About the Religions of the World
by Kirk Heriot, M.D., Ph.D.
Religious Studies
We all come from one source and share one destiny, yet from our commonality emanates a vast array of cultures, civilizations, and beliefs. Nonetheless, we are more alike than different, and it has been a triumph of humanity that our sense of otherness is slowly dwindling. This survey of today's religions explores a portion of our diversity, in the hope that understanding it may help us find our way to greater unity. Understanding other religions and their similarities to our own enhances our sense of belonging, expands the community we belong to, and connects us to the past more deeply, allowing us to join together to face our collective future.

"Understanding Each Other After 9-11 has global significance. Heriot reconciles the teachings of various religions to show that what we have in common outweighs the differences that cause distrust. Encouraging Americans to view other faiths with greater respect, this book serves a useful function for us all."
— The Review of Religions

Published by Lost Coast Press
ISBN 978-1-882897-98-8 • 6 × 9 • Casebound • 320 pages • $29.95

Who We Are
A Chronicle of the Ideas That Shaped Our World
by Kirk Heriot
History
Kirk Heriot, M.D., Ph.D. Opening with a synopsis of the evolution of the human race, Who We Are traces the development of civilization, chronicling the emergence of the world's great religions, the most important scientific discoveries, and the flowering of the arts.

"Who We Are is a well-researched and well-written survey of world history. One of the strong points of this interesting book is that it describes and gives appropriate prominence to the development of the ideas that have shaped our world, and to the scientific advances that have also done so."
— Michael H. Hart, author of The 100: A Ranking of the Most Influential Persons in History

Published by Lost Coast Press
ISBN 1-882897-30-7 • 7 × 10 • Casebound • 600 pages • $29.95
California Employment Law
by Douglas J. Farmer
Law/Labor & Employment/Management
Written specifically for companies doing business in California, this is the most practical, step-by-step guide to California employment laws on the market today. Covers rules for hiring, terminations, payment of wages, discrimination, disability, and time off. Over 40 essential forms included.

• Detailed examples illustrating how legal concepts are applied
• “Best practices” used by California employers for handling complex issues
• Comprehensive comparisons of California law with federal law
• A comprehensive index for locating specific topics
• Endnotes to help you locate original sources such as statutes, regulations and cases

Published by Employment Law Publishers, LLC
ISBN 978-1-939821-00-3 • 7 × 10 • Paperback • 1534 pages • $149.00

How to Win ROTC Scholarships
Revised Edition
by C.W. Brewer
Study Aids/College Guides
Winning an ROTC scholarship from any branch of the United States military can offer relief from the potentially prohibitive costs of a college education. Providing more than $100,000 over a four-year period, these have become among the most sought-after scholarships in the nation, with tens of thousands of applicants competing each year. This straight-shooting guide is dedicated to giving an edge to candidates who want their applications to stand out from the crowd.

“As a father trying to help his son get a scholarship, I found this book a blessing. The insight into how the process worked really helped: my son received a full four-year Naval ROTC scholarship! I can’t tell you how much tuition this book saved our family, and more important, our son can serve his country.”

—Paul T., San Diego, Calif.

Published by Cypress House
ISBN 978-1-935448-13-6 • Paperback • 5.5 × 8.5 • 240 pages • $18.95
**Canine Warrior**  
*How a Vietnam Scout Dog Inspired a National Monument*  
*by John C. Burnam, Master Sergeant, United States Army (ret.)*

**International Book Awards Winner: History / Military**

History/Military/Vietnam War/War Dogs

During his second tour as a US Army infantryman during the Vietnam War, John Burnam became a scout-dog handler. On combat missions, he learned of the dogs’ amazing abilities: With superior senses of sight, hearing, and smell, the dogs were highly skilled at finding enemy caches of ammunition and supplies, hidden base camps, and concealed tunnel entrances, and they saved countless lives by enabling American troops to avoid booby traps and ambushes.

By 1983, when Burnam retired from military service, he had developed a compelling interest in the history of America’s war dogs. Recognizing the invaluable service of the dogs and their handlers, he became passionate about the idea of a national monument to honor them. When he launched the project, he couldn’t imagine what a lengthy process it would be, but thanks to his and his colleagues’ efforts, the National Monument for U.S. Military Working Dog Teams has been built at Lackland Air Force Base, near San Antonio, Texas, where all of America’s military dog teams are trained.

“John C. Burnam shares the saga of his two tours of duty in the U.S. Army during the Vietnam War, and his quest to erect a national monument to honor his fellow dog handlers and their dogs. Burnam’s descriptions of combat are well drawn and evocative. Those include his detailed renderings of what it was like to work with German Shepard scout dogs in the midst of combat at its deadliest. The heavily illustrated section on Burnam’s efforts to build the monument…serves as a tribute to the life-saving work done by military dogs and their handlers in every American conflict since WWII. As Burnham writes, when the U.S. Military Working Dog Teams National Monument was dedicated in 2013 at Lackland Air Force Base, he had ‘accomplished my mission by building a monument to honor them all forever!’”

—*Publishers Weekly*

“Nineteen-year-old Burnam got shipped to Vietnam and became a handler of scout dogs, to whom he conceived a fierce, loving attachment. Burnam’s account is an upward squint from the mud and blood of battle. A good dog helped a good man survive the horror, only—as with other US military dogs—to be abandoned when the United States pulled out, a disposable warrior. Such a story merits telling.”

—*Dallas Morning News*

“The best book ever written on the war-dog teams who valiantly served their country during the Vietnam War. An authentic and compelling story by a two-tour combat infantry veteran.”

—Lieutenant General Harold G. Moore, United States Army (ret.);

author of *We Were Soldiers Once and Young — Ia Drang, The Battle that Changed the War in Vietnam*

Published by Lost Coast Press

ISBN: 978-1-935448-24-2 • 6 × 9 • Casebound • 400 pages • 83 photos • $28.95
An epigram is a distilled thought, a few words equaling many. Webster’s Dictionary defines an epigram as “A concise, clever, often paradoxical statement.” In the ancient world, the first epigrams were inscriptions in verse, carved into the stones of tombs, statues, temples, and triumphal arches. Later, with the advent of paper, they evolved into brief morsels of insight, often witty or satirical.

*I Thought So* is a distillation of wisdom in the classic tradition of Mark Twain, H. L. Mencken, Epictetus, Samuel Johnson, and la Rochefoucauld. If you love epigrams, you’ll be delighted by the original mind reflected here. If you enjoy seeing things from a different angle, and like to discuss life’s larger questions, then this is the book for you.

“I appreciated the fact that this book is entirely original. Lipsey’s epigrams are thoroughly enjoyable, and I wrote down many of them to share with others.”

— Rebecca’s Reads

Published by Lost Coast Press
ISBN 978-1-882897-94-0 • 5 × 7 • Paperback • 160 pages • $11.95
The Quotable Stoic
A Book of Original Aphorisms
by Michael Lipsey

Reference/Quotations
An aphorism is a statement of truth condensed into few words that express much. “Concise, clever, often paradoxical,” says Webster’s Dictionary. In the ancient world, the first aphorisms were inscriptions in verse, carved into the stone of tombs, statues, temples, and triumphal arches. With the advent of paper, they evolved into brief morsels of insight, often witty or satirical.

The Quotable Stoic is a new distillation of wisdom in the classic tradition of Mark Twain, H. L. Mencken, Epictetus, Samuel Johnson, and La Rochefoucauld. If you love aphorisms, you’ll be delighted by the original mind reflected here. If you enjoy seeing things from a different angle and like to examine life’s larger questions, then this is the perfect book for you.

“I particularly appreciate the fact that this book is entirely original work. Michael’s epigrams are thoroughly enjoyable—I wrote down many of them to share with others.”
—Rebecca’sReads.com

Published by Lost Coast Press
ISBN 978-1-935448-23-5 • 5.5 × 8.5 • Paperback • 216 pages • $11.95

After 50 It’s Up to Us
Developing the Skills and Agility We’ll Need
by George H. Schofield, Ph.D.

Foreword by Richard Nelson Bolles, author of What Color is Your Parachute?

Self-help/Personal Growth
As the first generation to be so long-lived, we face the challenge of taking personal responsibility for the quality of our extended lives. We’ll be long-term pioneers, making the second part of our lives as rich and rewarding as the first, if not more so. But aging isn’t the point. The point is lifelong development—our ability to live skillfully each day with the opportunities, choices, and changes that will happen inside and outside of our plans; it’s knowing what we’ll have to be great at beyond fifty to lead vigorous, creative lives in our eighties and nineties.

“The genius of life involves learning how to deal with interruptions to our expectations, our dreams, and our plans. For everyone searching for tools to deal with interruptions after fifty, this book should prove enlightening and inspiring.
— Richard Nelson Bolles, author, What Color Is Your Parachute?

Published by The Clarity Group, Inc.
ISBN 978-0-9790382-4-2 • 5.5 × 8.5 • Paperback • 144 pages • $14.95
Before you read any how-to investment book or seek financial advice, read *Unexpected Returns*, the essential resource for investors and investment professionals who want to understand how and why the financial markets are not the same now as they were in the 1980s and 1990s. In addition to explaining the fundamentals, this book takes you on a graphic journey through the seasons of the market, tying together economics and finance to show why the stock market does what it does. Using comprehensive full-color charts and graphs, it offers an in-depth exploration of what has changed over the past five years—and what you can do about it to avoid disappointment with your investments.

“Ed Easterling has given the world of investing the single best, easy-to-read, study of stock market cycles of which I know. He lays out a path for you to find your own Unexpected Returns, showing you how to confidently navigate the waters of market volatility. Serious investors will devour this book and profit. It should be required reading for investment professionals.”

— John F. Mauldin, President, Millennium Wave Investments, author of *Bull’s Eye Investing*

Published by Cypress House
ISBN 978-1-879384-62-0 • 6 × 9 • Casebound • 296 pages • $39.95

Expanding upon themes originally developed in his best-selling first book, *Unexpected Returns: Understanding Secular Stock Market Cycles*, Ed Easterling now explores the likely behavior of the stock market from 2010 to 2020—a range of results with significant implications for investors. In addition to revisiting the fundamentals, Easterling provides a timely new perspective.

“As a practitioner and a teacher of finance and economics, I am captivated with Easterling’s insights and quantification of the critical role of price stability in producing superior investment returns.”

— Harvey Rosenblum, Executive Vice President and Director of Research, Federal Reserve Bank of Dallas; Adjunct Professor of Finance, Southern Methodist University

Published by Cypress House
ISBN 978-1-879384-82-8 • 6 × 9 • Casebound • 272 pages • $39.95
Go For It!
A Practical Guide to Success for Everyone
by John J. Tassone

Business & Economics/Motivational

No matter what career you’ve chosen or are considering, you can travel the wide-open road to higher earnings, more job satisfaction, and a better life. Determination to work hard and a willingness to apply some commonsense techniques is all it takes. John Tassone will help you hone your people skills, think positively, set long-range goals, and believe in your ability to achieve them. John isn’t some remote multimillionaire; he’s a straight-talking guy who worked hard to achieve his dreams. The knowledge in this powerful book will motivate you, and guide you in developing the attitude you need to succeed in whatever you do. John also offers invaluable advice on starting your own business, effective sales techniques, how to build a clientele, and the art of public speaking.

“John Tassone recharged my attitude. After reading Go For It!, I was able to believe in myself, set larger goals, and think more positively. John’s ideas have had a powerful influence on my career.”

— Nicole Dotson, Health Insurance Agent, Milwaukee, Wis.

Published by Cypress House
ISBN 978-1-879384-81-1 • 5.5 × 8.5 • Paperback • 176 pages • $16.95

Business Is Hard … Failure Is Optional
CEOs’ Choices and Challenges
by Sam Khoury

Business

This no-nonsense book is intended only for CEOs with a deep desire to improve and a willingness to transform themselves. Written by a CEO who has run many companies and brought many back from the brink of disaster, it’s about real and practical ways to help CEOs create extraordinary results in 180 days. Sam Khoury gives you:

• Proven techniques for removing obstacles to your business success;
• Insights that will make a profound difference in your business and your life;
• A deep sense of knowing the path to driving your business to the next level;
• An understanding of how to find greater emotional fulfillment in being a CEO.

“This is a truly inspiring book, one with great messages not only for the CEOs of this world but for lay people who aspire to a greater self and thus greater goals.”

— Kelly Louiseize, Managing Editor, Northern Ontario Business

Published by For-CEOs-Only
ISBN 978-0-9802377-1-9 • 6 × 9 • Casebound • 112 pages • $16.95
Deadly Secret of the Lusitania
by Ivan Light

Fiction / Thrillers / Historical

On May 7, 1915, a German submarine torpedoed and sank the Lusitania, a British ocean liner, eleven miles off the southern coast of Ireland, causing the deaths of 1,200 civilian passengers, including a hundred children. As 128 Americans were among the dead, this horrifying war crime caused a storm of protest in the United States, and it began a chain of events that plunged the U.S. into World War I. In this gripping novel, an insurance investigator and his fiancée help a murdered longshoreman’s widow who’s been unjustly denied her husband’s life insurance. The young couple find themselves in possession of documents detailing the closely guarded secret of the Lusitania’s cargo, and are soon threatened by German and British spies, Irish republicans, a rogue socialist, New York’s waterfront mafia, and the newly-formed FBI, all wanting to use the suppressed material to further their own agendas.

“From the first page, this suspenseful story has us in its grip, and it takes us into fascinating historical territory too seldom explored in either fact or fiction. As we mark the centenary of 1915, this is a refreshingly different angle of vision on the war that changed everything.”

—Adam Hochschild, author of To End All Wars: A Story of Loyalty and Rebellion, 1914–1918

“A fascinating historical novel with a still-controversial subject: The mysterious circumstances surrounding the sinking of the passenger liner Lusitania, an event that helped propel America into the First World War. This is an intriguing, highly satisfying adventure in reading.”

—Edward Hower, author of The New Life Hotel and A Garden of Demons

“A highly readable dramatization of a very important event in American history. The characters, though fictional, could perfectly well have been real as they so well represent the times and events leading up to and following the last voyage of the Lusitania. In many ways there is more truth than fiction here.”

—F. Gregg Bemis Jr., owner of the Lusitania wreck

“A thinking person’s thriller. Using the suspicious circumstances surrounding the sinking of RMS Lusitania, Ivan Light has created an intriguing tapestry, skillfully weaving disparate threads together into his narrative. All the characters come alive on the pages of this well-researched historical novel.”

—William Hjortsberg, author of Falling Angel, Nevermore, and Jubilee Hitchhiker, The Life and Times of Richard Brautigan

“What an amazing novel! This invented yarn may be closer to the truth than the accounts that have been told, believed, and recorded by historians as factual. Here’s another marvelous example of the way that truth and fiction are interdependent, each giving rise to the other.”

—Metta Spencer, publisher, Peace Magazine, Toronto

Published by Lost Coast Press
ISBN 978-1-935448-37-2 • 6 × 9 • Paperback • 256 pages • $16.95
Dancing Naked…
IN FUZZY RED SLIPPERS
by Carmen Richardson Rutlen

BAIPA and Benjamin Franklin Awards Winner
Humor

Dancing Naked… in fuzzy red slippers isn’t about life, but about living life. You’ll visit Tobago on a warm summer evening and tour Venice at twilight. This isn’t a travel book in the usual sense, but it explores the most intriguing landscapes of the mind and heart. It tells of dancing naked in the morning and being late for work. It addresses divorce and the accompanying sorrows—and joys. It talks of a homeless woman named Joan and the death of a basset hound named Rufus. It speaks of a “near-love” experience, and gives instructions on what to do with that extra half-hour you find lying on the ground.

And in the end, it’s about how beautiful we all are, despite our stumbling, bumbling ways, and about what a joy it is to be members of the marvelous, exclusive club we call—being human.

“Wise and witty Carmen Richardson Rutlen whirls, twirls, and swirls us into the dance of life. She is a true philosopher queen who helps us to discover what we didn’t know we knew about the amazement of being human.”

— Dr. Richard Lederer, best-selling author of Anguished English and A Man of My Words

“If the title doesn’t make you laugh, reflect, and then laugh again, the contents certainly will.”

— Heather MacNamara, Editor-in-Chief, Chicken Soup for the Soul

“This is excellent.”

— Will Smith, Publisher, International Rotary Magazine

“Dancing Naked… is the perfect blend of essay, anecdote, observations and poetry—-from the heart and soul of a beautiful, wise woman. This is a wonderful gift book for the women in your life—”

— Sherri Caldwell, co-author, The Rebel Housewife Rules: To Heck With Domestic Bliss!

“Dancing Naked… in fuzzy red slippers is a relaxing skip through a woman’s world. You find yourself nodding in agreement, laughing, and occasionally wondering who told Carmen that little hidden secret about you! This book is part candy, part important introspection that blends together to make a chairside favorite that you reach for again and again...and recommend to your special friends.”

— A reader from Amazon.com

Published by Cypress House
ISBN 978-1-879384-53-1 • 5.5 × 8.5 • Casebound • 216 pages • $23.95
A vivid portrait of the final days of the Hawaiian monarchy, when descendents of American missionaries toppled the throne. Suppressed for a century, this story is a little-known part of American history. We view it through the eyes of Laura Jennings, who lives in 1886 San Francisco—a city of bonanza millionaires, newfangled cable cars, bustles, and bowler hats. As Laura is being fitted for her wedding gown, a tragic accident kills her father and her fiancé. Suddenly alone in the world, Laura goes to Hawaii to live with relatives she’s never met, little knowing that her destiny will become intertwined with those of Hawaii’s last great sovereigns.

“Beautifully and insightfully written, The Last Aloha shines a light on a dark part of Hawaii’s history, and challenges us to see each other with both our minds and our hearts, the true aloha spirit. Quinn reminds us that this spirit has always been in the hearts of the Hawaiian people, giving us hope that it is within reach of us all.”

—Q Orianka Kilcher, actress, star of The New World and Princess Ka‘iulani (2009)

“I was caught up in the drama and spectacle from the first. Quinn knows her history and is skilled at bringing it to the page. I highly recommend this novel, not just to those with an interest in the Hawaiian Islands, but to all who can appreciate a good yarn. Knowing that much of this one is true made it all the more compelling.”

—Eileen Goudge, best-selling author of Garden of Lies and Such Devoted Sisters

“A riveting story of the glory of the Hawaiian kingdom, The Last Aloha is a top pick that should not be overlooked.”

—Midwest Book Review

“The Last Aloha is as empathetic and accurate a reconstruction of the downfall of the Hawaiian monarchy as it may be possible to get. Hawaiian readers, who already know so much of Queen Lili‘uokalani’s story, will be moved to see it once again so inexorably unfold. Other readers will have much to learn.”

—Elinor Langer, author of Famous are the Flowers: Hawaiian Resistance Then—and Now

Published by Lost Coast Press
ISBN 978-1-935448-00-6 • 5.5 × 8.5 • Paperback • 392 pages • $17.95
Anna Trevor, a young American scholar, has the kind of mind Mary Shelley must have foreseen. During waking hours Anna is preparing a controversial paper on Frankenstein. When asleep, she falls into alarmingly realistic dreams, meeting Mary and learning the truths that only the author herself could know.

“Reading Molly Dwyer’s ambitious and excellent novel is like taking an extended and enjoyable vacation in Great Britain with a really smart best friend. Literate readers will find enjoyment on every one of this book’s many pages.”

“A marvel: gothic romance, feminist history, philosophical mystery—perfect for those of us who love to think as much as we love a good story. Molly Dwyer brings Mary Shelley and her circle so alive it makes me wonder if they ever died.”
— Jean Hegland, author of Into the Forest and Windfalls

“This epic novel seduces the reader into a lush labyrinth of haunted corridors and secret chambers, slowly exposing the corroding edge between dream and reality. Thorough historical research gives depth and substance to every character. Ms. Dwyer’s commitment to period detail and the distinctive spirit of place convey the soul of a feminist politic she shares with Mary Shelley, a revolutionary woman rising above desperate times.”
— Antero Alli, author, filmmaker

“A story of love in its most passionate and complex forms. With her brilliant prose style, historical erudition, and rich imagination, Dwyer opens up a revolutionary understanding—that the genius of Mary Shelley must be seen to occupy the highest of strata in our literary canon. Only a sister of Shakespeare could have written the masterpiece Frankenstein, and only another sister could have recognized and so beautifully expressed the significance of that achievement.”
— Brian Swimme, Ph.D., professor of cosmology, California Institute of Integral Studies
Show Time
by Phil Harvey
Eric Hoffer Award Finalist
Fiction/Adventure/Movie or Television Tie-In

In the not-too-distant future, viewing audiences have become totally desensitized to violence and increasingly dependent on sensation to escape from their boring workaday lives. The executives at Real-A-Vision have created the ultimate reality show. Seven diverse individuals are deposited on a heavily wooded island in the middle of Lake Superior. Given the bare necessities and the promise of $200,000 each if they can endure, the three women and four men must face the real possibility of starvation or freezing to death in subzero temperatures as the Great Lakes winter approaches.

“Phil Harvey elegantly dissects the plummeting values of 21st-century America, while his plot twists seize the reader by the lapels. A great read!”
—David Stewart, best-selling author of American Emperor: Aaron Burr’s Challenge to Jefferson’s America

“A vision of the future that is laugh-out-loud, until we realize how much it looks like the world we live in now.”
—Frank S. Joseph, award-winning author of To Love Mercy

“Phil Harvey has crafted a psychological thriller that takes reality shows, and in fact much of our popular culture, into a realm of true horror. His skill in delving into the psychology of the characters keeps the reader turning the pages. And Harvey does it not through any heavy-handed interior monologues but through the dialogue and interaction of the individuals. The book would easily lend itself not only to a successful movie script but to an intense stage play. The reader comes to know these individuals, to sympathize with them despite—eventually even because of—their flaws, and to root for them in their fight against not only nature but also the unnatural culture that has put them in their situation. Show Time is a thinking reader’s thriller and a thoroughly entertaining read.”

“A thrilling immersion in the emotional, physical, and sexual reality of characters who thought they were playing a game but find they must fight to survive.”

Published by Lost Coast Press
ISBN 978-1-935448-11-2 • Paperback • 5.5 × 8.5 • 256 pages • $15.95

Other titles by Phil Harvey:

• Across the Water: Tales of the Human Heart by Phil Harvey (Lost Coast Press).
• Devotional: Erotic Stories for the Sensual Mind by Phil Harvey (Lost Coast Press).
• Wisdom of Fools: Stories of Extraordinary Lives by Phil Harvey (Lost Coast Press).
Comedy of Terror
by John Fremont
BAIPA Award Winner
International Book Award Winner
Fiction/Satire/Political

Joe Benton’s boss, the charismatic Brooklyn Congressman Zack Powers, is much too busy for a complimentary cruise, so he slips the tickets to Joe, who hopes to use the downtime to figure out what to do about his failing marriage. But once the Queen of the Seas sets sail, she becomes the scene of what appears to be a terrorist attack—or maybe an E-coli epidemic caused by inept food handling. Whichever it is, during the ill-fated voyage, Joe falls in love with Melody Goode, high priestess of an obscure California religious sect that worships a deity from another galaxy and eagerly anticipates his triumphal return to Earth.

So begins a droll satire that takes a juicy bite out of all of America’s paranoid delusions and most sacred cows: military war hawks, the bunglers at the Department of Homeland Security, the FBI, ATF, CIA, and all the other alphabet noodles that foster our fantasies of safety. Shady politicians and the dubious culture that has given rise to New-Age churches and Native American casinos are mercilessly masticated, and not even true love can escape without some teeth marks.

“Comedy of Terror is well written, timely, witty, skillfully structured, and a pleasure to read.”
— Paul Krassner, author of Confessions of a Raving, Unconfined Nut: Misadventures in the Counterculture

Published by Lost Coast Press
ISBN 978-1-935448-25-9 • 5.5 × 8.5 • Paperback • 236 pages • $14.95

In the Eyes, In the Mouth
by Adrienne Ross
IPPY Award Winner
Fiction/Short Stories

This intriguing collection of short stories portrays the complexities of love, unrequited and requited, fantasized and realized. The characters, who yearn for connection despite their ambivalence and their varying abilities to achieve it, range in age from sixteen to seventy-five. They have compelling lives, jobs, and interests, yet they continue to pursue some kind of resolution within the complexities of their situations.

“Hayden’s Ferry Review was honored to publish two short stories by Ross. It is rare for HFR to choose two stories by the same author in such a short amount of time, but Ross’s stories were so extraordinary, we couldn’t say no…. Ross is a writer of exceptional talent; the publication of her short story collection is exciting news indeed.”
— Beth Staples, Managing Editor, Hayden’s Ferry Review

Published by Lost Coast Press
ISBN 978-1-935448-01-3 • 5.5 × 8.5 • Paperback • 272 pages • $18.95
Other Gods
The Averillan Chronicles
by Barbara Reichmuth Geisler
BAIPA and Benjamin Franklin Awards Winner
Fiction/Mystery/Medieval

In 1066, William the Bastard, a Norman from France, defeated the English army at the Battle of Hastings. Within twenty years, all rebellion had been ruthlessly crushed, but English hatred still simmered. Now, in 1141, the Empress Matilda and King Stephen contend for the crown, and violence and corruption continually erupt in the uneasy and vulnerable land.

Dame Averilla, Infirmaress of the Benedictine abbey at Shaftesbury, is sorely troubled: King Alfred’s Laece Book, a precious collection of herbal and medicinal lore, has gone missing. So has the eccentric Dame Agnes—presumed by many to be possessed. Dame Averilla suspects a connection between the losses and the town’s wise woman, Galiena, rumored to be a witch. But efforts to find the herbal and the missing woman are hampered not only by Dame Joan, the discipline-obsessed sub-prioress, but by an ongoing power struggle between the nuns of Anglo-Saxon heritage and the daughters of the new Norman elite.

Published by Lost Coast Press
ISBN 1-882897-64-1 • 6 × 9 • Paperback • 304 pages • $16.95

Graven Images
The Averillan Chronicles, Book II
by Barbara Reichmuth Geisler
Fiction/Mystery/Medieval

It is the year 1141, and the nuns of the Benedictine Abbey at Shaftesbury face new tribulations. The abbey is near bankrupt, threatening the completion of a much-needed altarpiece for St. Edward’s chapel. Worse, the tranquility of the daily round of prayer and ritual is disrupted by the murder of Saviette, a maiden of the town. Suspicion falls on Master Levitas, who is a Jew and thus a ready target for the intolerant townsfolk. Convinced that Levitas could not have committed the crime, Master Hugo, brought to Shaftesbury to sculpt the altarpiece, befriends the old man. Dame Averilla, now the abbey sacrist, abhors the prejudice as well, and suspects that Jared, son of the abbey’s reeve, is responsible for Saviette’s death. Averilla, Hugo, and Abbess Emma must shelter the falsely accused Levitas while they discover the truth, lest chaos topple the rule of law.

“This medieval mystery incorporates speech patterns, historical details of daily living, and beautiful descriptions of landscape and environment. Geisler does a highly credible job of recreating the sense of fear, despair, and loss of order that characterized this age, the reverse side of the faith that sustained it.”
— The Midwest Book Review

Published by Lost Coast Press
ISBN 1-882897-84-6 • 6 × 9 • Paperback • 432 pages • $17.95
In Vain
A Prequel to the Averillan Chronicles
by Barbara Reichmuth Geisler
Fiction/Mystery/Medieval

In 11th-century England, Abbess Cecily hosts a dinner at Shaftesbury Abbey. Among Cecily’s guests are her half brother, Tirel, who is a knight and a world-weary veteran of the Crusades, Sir Baudri de Beaumont, his wife, Beatrice, and Beatrice’s look-alike sister Sophina. As minstrels, jugglers, and acrobats entertain the diners, Beatrice suddenly collapses and dies. Now it falls to Dame Averilla, a headstrong young nun, Sir Tirel, and Bailiff Robert Bradshaw to investigate. The three must determine whether a crime has indeed been committed, or whether the death, which appears to have been caused by poisoned food, was a dreadful accident. In the process, they discover that it may have been the unfortunate Sophina, rather than Beatrice, who actually consumed the poison, and that the failed attempt on Beatrice’s life could have arisen either from jealousy and avarice among the lesser nobility, or was a politically motivated murder committed by order of King Henry himself.

“With plenty to enjoy for lovers of historical fiction and intrigue, In Vain is a top pick, very highly recommended.”
—The Midwest Book Review

Published by Lost Coast Press
ISBN 978-1-935448-05-1 • 6 × 9 • Paperback • 304 pages • $16.95

Deadlines
by Paul McHugh
National Indie Excellence and BAIPA Awards Winner
Fiction/Mystery & Detective

Deadlines is “a novel of murder, conspiracy, and the media.” The violent death of an elderly activist prods two reporters in San Francisco to uncover a plot to seize a gorgeous stretch of public shoreline. Suddenly, the reporters are endangered, too.

“The themes of Paul McHugh’s companionable, rock-solid and soul-satisfying mystery could not be more modern and relevant. But it is his wonderful character, the has-been alcoholic newspaper columnist Colm MacCay, who will stay with you, and who channels McHugh’s considerable writing talent into a voice that surprises and delights with all the narrative panache of the classic Irish storyteller. Deadlines is a superior story, not to be missed.”

“Every reporter worth his or her notepad is a sleuth at heart. Paul McHugh brings this truth to life with crackling suspense and a true, ink-stained veteran’s eye for the newsroom.”
—Dan Rather, TV anchor

Published by Lost Coast Press
ISBN 978-1-935448-04-4 • 5.5 × 8.5 • Paperback • 256 pages • $16.95
Dear Agents, Scouts, and Publishers:


Along with movie options, hardcover gift editions, branded corporate editions, and paperback rights, we’ve licensed titles for Chinese, English, Greek, Korean, Japanese, and Portuguese translation, as well as for UK rights and distribution. This is our eleventh year in the International Rights Center at BEA; we’re at Table #175. I look forward to meeting old friends and colleagues and to developing new relationships. Our featured authors and titles at Book Expo America this season include:

**Dancing Mommy Press**

*S is for Safari: An Alphabetical Adventure with Quickly the Magic Spatula*
by Jeryl Abelmann and Miriam Kronish, illustrated by Daniel J. Seward

*Quickly’s Safari Adventure Coloring and Activity Book*
by Jeryl Abelmann and Miriam Kronish, illustrated by Daniel J. Seward

**Midway Books**

*New York City Bum*
by David Boglioli

**Barn Swallow Publishing**

*Let’s Get Your Party Started: Growing Up, Aging, and Dying from a Martian’s Perspective*
by Terryl Mackey

**Cypress House**

*Enlightened Eating: The Eightfold Path to Health*
by Cassandra Ohlsen, MD

*A Quiet Hero: The Life of Charles W. Denko, Ph.D., M.D.*
by Joanne D. Denko, M.D., M.S.

My cell number at the show is 707 349-9630.
With best wishes,
Cynthia Frank
President, Cypress House —Cynthia@cypresshouse.com